



Stress bewältigen 1: Ursachen verstehen und Druck senken

Course completed by Piotr Jeznak
Jun 29, 2022 at 05:14PM UTC • 50 minutes

Top skills covered

Stress Management

A handwritten signature in black ink that reads "Dan Brodnitz".

Head of Content Strategy, Learning



Certificate ID: 85773da9dea7991471bd012f6ac8bb20f0dbbfa12ef30a45b1e579e0e19bd9c7